

GRADES K-8 LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

LASAGNA ROLL-UP WITH MARINARA

Steamed Broccoli
Whole Grain Roll
Grape Juice

Hamburger on
Whole Grain Bun
Mustard/Ketchup
Baked Beans
Peas & Carrots
FRESH APPLE

CHIPOTLE CHICKEN

Brown Rice
Yellow Corn
Red and Green Peppers
Peach Cup

BBQ BEEF RIBLET ON WHOLE GRAIN BUN

Scalloped Potatoes
Green Beans
Blue Raspberry Lemon
Frozen Fruit Juice

Turkey and Cheese
Sandwich on WW Bread
Mayonnaise/Mustard
Baby Carrots & Celery Sticks
with Ranch
Pineapple Cup

WEEK 2

CHEESY BROCCOLI BOATS

Whole Grain Roll
Mixed Vegetables
Orange-Pineapple Juice

MINI CORN DOGS

Mustard/Ketchup
Baked Beans
Green Beans
Applesauce Cup

Ravioli with Meat Sauce
Steamed Broccoli
Whole Grain Bread
Pear Cup

CHICKEN CAESAR SALAD WITH DRESSING

FRESH BANANA

Hamburger on
Whole Grain Bun
Mustard/Ketchup
Diced Sweet Potatoes
Green Peas
Mixed Fruit Cup

WEEK 3

Southwest Nachos
Salsa
Baby Carrots
Pineapple Cup

Baked Chicken Thigh
Baked Beans
Yellow Corn
Whole Wheat Bread
Peach Cup

Whole Grain Rotini
Noodles with Meat Sauce
Steamed Broccoli
Margarine
Strawberry-Mango
Frozen Fruit Juice

WG Breaded Chicken
Nuggets with BBQ Sauce
Whole Wheat Bread
Mashed Sweet Potatoes
Green Beans
100% Juice Blend

Turkey and Cheese
Sandwich on WG Bun
Mayonnaise/Mustard
Mixed Vegetables
Corn
FRESH ORANGE

WEEK 4

Twisted Macaroni & Cheese
Broccoli
Steamed Carrot Coins
Kiwi-Strawberry
Frozen Fruit Juice

BBQ Baked Chicken
Whole Grain Bread
Diced Sweet Potatoes
California Blend Veggies
FRESH APPLE

Meatball Sub on Whole
Grain Bun
Mixed Vegetables
Grape Juice

WG Pepperoni Pizza Pocket
Yellow Corn
Green Peas
Pineapple

Hamburger on WG Bun
Mustard/Ketchup
Baked Beans
Green Beans
Citrus Fruit Salad

1% Low-fat milk or fat-free chocolate milk served with all meals

CHECK OUT OUR **NEW** MENU ITEMS IN RED!



by **GA** foods.