

Please return by  
October 24th



**A YUMMY NOVEMBER MENU FOR CHRISTIAN LIFE ACADEMY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Hot: Baked Chicken Nuggets, Roasted Zucchini, Fresh Fruit  Cold: Mild Buffalo Chicken Wrap Baked Chips, Fresh Fruit	Hot: Cheese Enchiladas, Brown Rice/Black Beans Fresh Fruit  Cold: Ham/Cheese Sandwich, Baked Chips, Fresh Fruit	Hot: Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit  Cold: Turkey Sandwich Baked Chips, Fresh Fruit	Hot: Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit  Cold: Grilled Chicken Wrap, Baked Chips Fresh Fruit	NO SCHOOL  VETERAN'S DAY
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Hot: Penne/Turkey Bolognese Roasted Seasonal Veggies, Fresh Fruit  Cold: Turkey/Provolone Wrap, Baked Chips, Fresh Fruit	Hot: Breakfast for Lunch Waffles, Eggs, Fresh Fruits <b>OR</b> Cheese Lasagna, Steamed Edamame, Garlic Bread, Fresh Fruit  Cold: Turkey/Cheese Stackers, Veggie & Hummus, Fresh Fruit	Hot: Grilled Cheese Roasted Sweet Potato Wedges, Fresh Fruit  Cold: Lean Beef Taco Salad/ Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit	Hot: Grilled Chicken Sandwich Parmesan Roasted Broccoli, Fresh Fruit  Cold: Italian Sandwich on Ciabatta, Baked Chips Fresh Fruit	Hot: Cheese Pizza, Baked Veggie Chips, Fresh Fruit  Cold: Turkey Wrap Baked Chips, Fresh Fruit
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Hot: Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Cold: Bistro Pasta Salad Grilled Chicken, Baked Roll, Fresh Fruit	Hot: Cheese Burrito, Black Beans, Fresh Fruit  Cold: Grilled Chicken Sandwich, Baked Chips, Fresh Fruit	HAPPY THANKSGIVING 	HAPPY THANKSGIVING 	HAPPY THANKSGIVING 
<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>
Hot: Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit  Cold: Salad/ Buffalo Chicken/Buttermilk Dressing, Crackers Fresh Fruit	Hot: Baked Fish Sticks, Roasted Seasonal Veggies, Fresh Fruit  Cold: Turkey/Swiss Sub Sandwich, Baked Chips, Fresh Fruit	Hot: Marinated Sliced Chicken, Baked Plantains, Brown Rice, Fresh Fruit  Cold: Southwestern Salad/Grilled Chicken Tortilla Chips, Fresh Fruit	Hot: Mac & Cheese Roasted Seasonal Veggies, Fresh Fruit  Cold: Grilled Chicken Wrap, Baked Chips Fresh Fruit	Hot: Cheese Pizza Baked Veggie Chips, Fresh Fruit  Cold: Turkey/Swiss Sub Sandwich, Baked Chips, Fresh Fruit
			Students Name: _____	
			Teacher/ Room Number: _____	
			<b>*Please circle the menu option you want for each day.</b>	

